



ONK HAPKIDO 2010

We want to invite you most warmly for
the 9th Open Dutch Championships Hapkido 2010.

The ONK will this year under the supervision of GM Hong Sik, Myung,
9th than Hapkido and President of the World Hapkido Headquarters (WHH)

Date: Sunday 18 April 2010,

Place: Culemborg
Sports Hall "Interwey"
Sportlaan 1

Beginning: 09.00 AM. (see also annex time table)

Prices: **1st to 3rd place; Cup or Medaille**

With 2 participants or couples in a group stage, there is only a first price

At 3 participants or couples in a group stage, there is only a 1st & 2nd place

At 1 participant or mount in a group stage, the group stage, in consultation with another group.

In the case of a 1st, 2nd or 3rd place the partner also receive at a price.

You can, therefore, together with your partner a champion!

Age groups		1	2	3	4	5
Class	Details					
C	Gentlemen and lady's separate	8 up 11 yr	12 up 14 yr	15 up 17 yr	18 up 34 yr	35 +
B	Gentlemen and lady's separate	8 up 11 yr	12 up 14 yr	15 up 17 yr	18 up 34 yr	35 +
A	Gentlemen and lady's separate			up 17 yr	18 up 34 yr	35 +
Master	No separation			up 17 yr	18 up 34 yr	35 +

Graduation Classes & number of required techniques						
Class	Graduation	Kup	No Weapons	Weapons	Total	Partner
C	White belt up green slip	10e up 7e	8	No	8	C/B
B	Green belt up red slip	6e up 3e	8	No	8	C/B/A
A	Red belt up black belt	2e up 1e Dan	6	4	10	B/A/Master
Master	2e Dan & Higher	2e Dan +	6	4	10	A/Master

Parts: Hapkido, Open all style (Hosinsul), Falling class, Break tests, Show class

Rules 9th ONK Hapkido 2010

- General:**
- You are allowed to be an attacker and also as a defender, to join the ONK for multiple parts.
 - Unused weapons must not be sharp and by the Head referee or Organization be approved in advance.
 - Weapons can only be used in the Show, A & Master class.
 - With the exception of the Show class can be used, there is no music.
 - Every field has a game mat of 8 x 8 m at least-a technique is fully carried out a total new attack.

Jurering:

- Every field has a minimum of 3 and a maximum of 5 judges.
- The points count in all Classes is from the 7.0 and 9.0 points

Details: Below are the General details per component.
In the game rules ONK 2010 (annex), if necessary, additional details,

HAPKIDO:

Price: €20 per implementation
Hapkido self-defense against armed attack
Own choice of techniques
Not more than 1 attacker

OPEN ALL STYLE:

Price: €20 per implementation
Own martial arts style (e.g.: Kenpo Karate, Jiu-Jitsu, Hankido, etc)
To the highest degree obtained in a certain Discipline;
(Karate/Kenpo/Jiu Jitsu/ Hapkido/Hankido/etc) registration counts!
Self-defense techniques against armed attacks on to their own choice.
Not more than 1 attacker

SHOW CLASS:

Price: €20 per implementation
Self-defense techniques against armed attacks on to their own choice.
At least 1 attacker & up to 5 attackers
Time show up to maximum 2,5 minutes
In the Show class represents the number of free to perform techniques (note the time)
Music permitted (music take it yourself on CD or cd ROM)

FALLING CLASS:

Price: €8 per implementation
Distance jump on a turn mat
3 jumps where the distal jump.
The distance is determined on the basis of the place where the first hand touch to the ground.

BREAKTESTS:

price: €15 per implementation (including 2 boards)
Minimum age to participate: 16 years!
There are 2 boards to be broken in one continuous movement of own helpers to the boards.
Maximum 3 attempts to perform
There will be juried on technique, level of difficulty and originality.
The boards are provided by the organization.
Additional boards can be bought to the Organization (€4 each)

Sign-up money: See the amounts, details for each part
Refund will never place!

Entrance: Spectators to 12 years: €3 to be paid by entrance
13 years & older spectators: €5 to be paid by entrance
Participants in the WHH seminar by 2010 and ONK 2010, of course, free of charge.
NHB Federal members subject to the possession of NHB Federal passport free of charge.
Consumptions can be bought in the Sporthal at the bar against payment.

Closing date: Signup forms shall not be later than 30 March 2010 in our possession.
Nederlandse Hapkido Bond (NHB),
Pastoor Roeleveldstraat 15
4064 EP Varik
Tel: Martin Zingel +31 654325285 fax: +31 344-572984
email: evenementen@nhb.nu (write: Name participant//age/ sexe /grade/ choice of part(s))

Payments: Should not later than 30 March 2010 in our possession.
Rabobank number: 1490.17.952
For Payments from Abroad
IBAN number: NL54RABO0149017952
BIC number: RABONL2U
Nederlandse Hapkido Bond in Varik
OVV: ONK 2010 Culemborg and the name of the participant.

Doping control: There will be a possibility of doping control. For information; Tel: + 31 654325285.

Organization: This event (exp) is organized by the Nederlandse Hapkido Bond (NHB), under the auspices of the SJKK and NOC * NSF